



ROCK N ROLL DC – HALF MARATHON/5K Saturday, March 21, 2026



1. Name/title of the proposed event:

- St. Jude Rock 'n' Roll DC Half Marathon and 5k



2. Organizer/sponsor of the proposed event:

- Ironman (event owner)/St. Jude (event title sponsor)

3. Purpose/intent of the proposed event:

- Run/walk/fitness/fun

4. Proposed date of the event:

- Saturday, March 21th, 2026

5. Beginning and ending times of the proposed event:

- 5k: 7:45am – 8:45am
- Half Marathon: 8:00am – 12:45pm

6. Proposed location/route (narrative and map) of the event:

Half Marathon, 5k Routes

- Please see attached for route and road closure times.

Half Marathon Start Line Narrative:

- The start line is east of 14th St NW and Constitution Ave NW, with approximately 20 corrals and portable toilets running west to east between 14th and 9th Street. 9th, 10th, and 12th Street between Pennsylvania and Madison will have runner hospitality areas.
- There will also be approximately 10 gear check trucks staged on Constitution Ave near 9th St and then staged on 3rd St NW.
- All elements will be installed beginning at 3:30 AM on Saturday, March 21st, 2026 Please see the start line venue diagram attached.

Half Marathon Finish Line Narrative:

- The finish line venue is located on Pennsylvania Ave between 3rd and 6th Streets NW.
- Load in at the finish venue begins Friday, March 20th, 2026 at 6pm.

5k Start Line Narrative:

- The start line is on Constitution Ave near Pennsylvania Ave NW in front of the Nationa.
- There are 4 corrals for a total of participants of 2500.
- A wave start will be utilized as in the past.

5k Finish Line Narrative:

- The finish line utilizes the same finish line as the half marathon located on Pennsylvania Ave NW near 4th St NW.

7. Proposed street closures (include streets to be closed as well as closing and reopening times):

- See attached

8. Contact person (include telephone number and email address):

- Keith Dowling – Dowling Event Management
- 703-622-2127
- keith@dowlingeventmanagement.com

9. Event organization telephone number and website for public notice:

<http://www.runrocknroll.com/dc/>

10. Expected attendance:

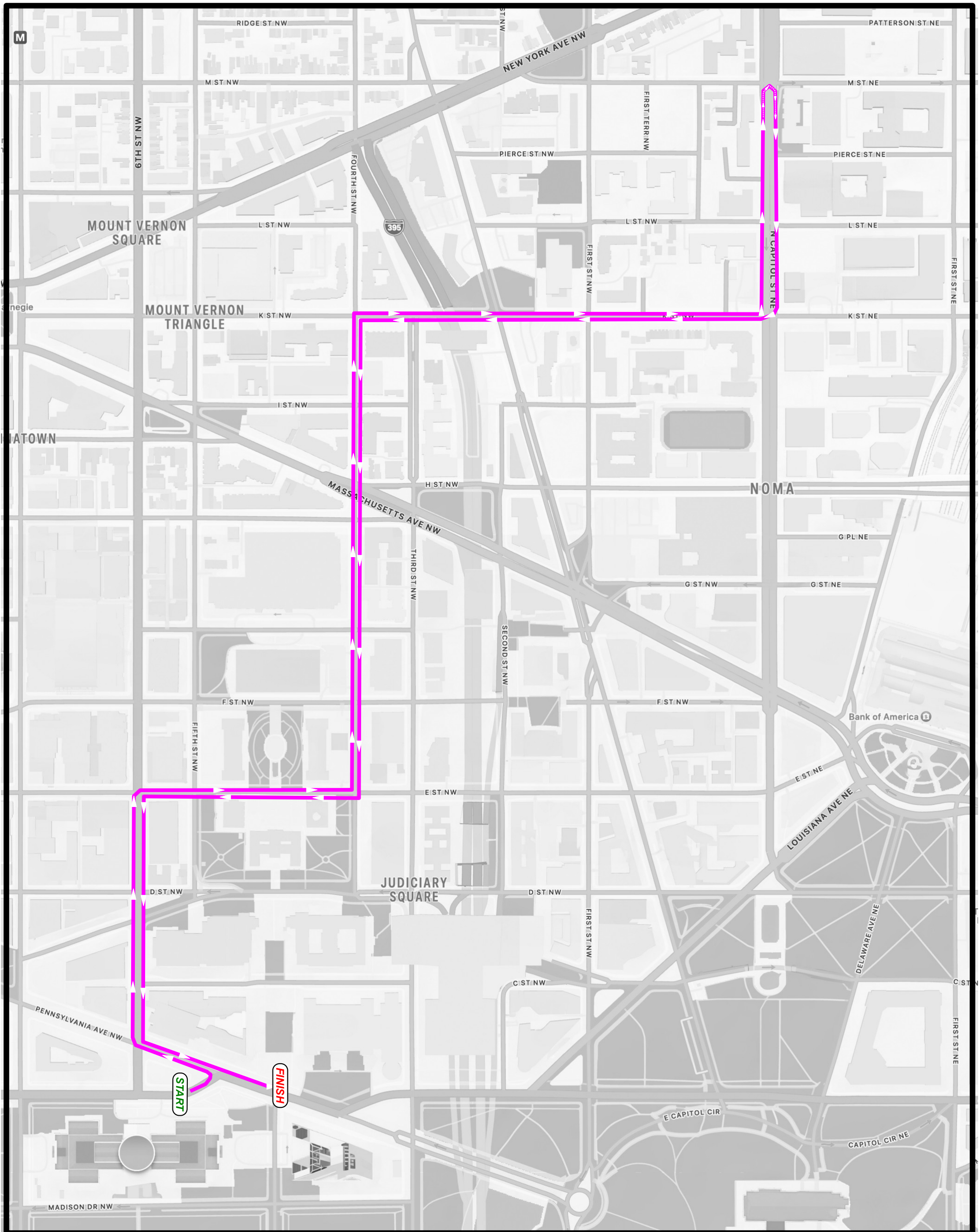
- 19,500 participants
 - 16,000 half marathoners
 - 3500 5k participants



2026 ST. JUDE ROCK N' ROLL WASHINGTON DC 5K

SATURDAY MARCH 21, 2026

START TIME: 7:45AM





5K START TIME: 7:45 AM
HALF MARATHON START TIME: 8:00 AM

HALF MARATHON COURSE

5K COURSE

BAND STAGES

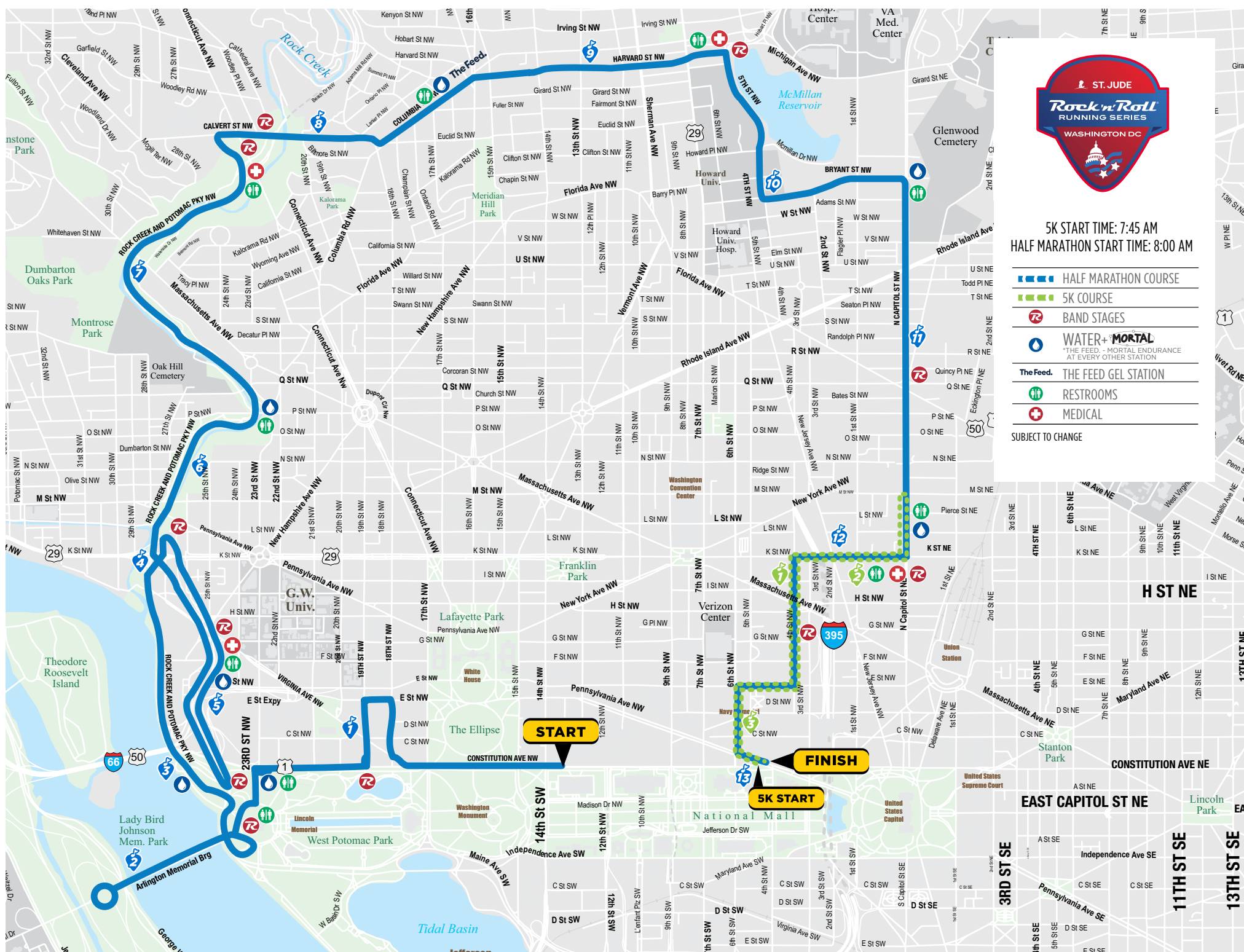
WATER+MORTAL
"THE FEED - MORTAL ENDURANCE AT EVERY OTHER STATION"

THE FEED. THE FEED GEL STATION

RESTROOMS

MEDICAL

SUBJECT TO CHANGE





Saturday March 21 2026
Constitution Ave NW
Washington DC

Drawing Dated - 03/04/25
Version 1.1
START LINE
VENUE

RUNNER
DROP OFF
at 14th St &
Pennsylvania Ave

14th St NW

National Oceanic
& Atmospheric
Administration

EPA Building
West

Andrew W Mellon
Auditorium

EPA Building
East

US
Post Office

FEDERAL TRIANGLE
METRO STATION
ENTRANCE & EXIT

M
metro

INFORMATION
& SOLUTIONS

METRO STATION
ELEVATOR EXIT

VOLUNTEER
CHECK IN

WATER

FRUIT

12th St NW

34 TOILETS & 1 ADA

POLICE
POSITION

CORRAL
CROSSING

START
MEDICAL
TENT

Internal Revenue
Service Building

Library

Main
Entrance

Department
of
Justice

National
Archives

9th St NW

9th St NW



Pennsylvania Ave NW

9th St NW

Constitution Ave NW

START

ANNOUNCER / DJ
PLATFORM

BCC

E

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

CORRAL
CAPACITY 15,425

LIGHT #2

13 TOILETS & 1 ADA

LIGHT #4

13 TOILETS & 1 ADA

Constitution Ave NW

EMT/FIRE ACCESS LANE

National Museum
of
American History

National Museum
of
Natural History

National Gallery
of Art
Sculpture Garden

Madison Dr NW

Madison Dr NW

National Mall Park

14th St NW

Legend

- RACE COURSE
- CORRALS
- OPERATIONAL AREAS
- UPS GEAR CHECK
- VIP AREAS
- MEDICAL TENT
- SECURITY POSITION
- FIRE HYDRANT
- 4' EVENT FENCE
- TOILETS w/Door Direction
- SS SANITIZER STATION
- GENERATOR
- CGI GENERATOR

SD1 (A Frame)
RUNNER
DROP OFF
at 14th St &
Independence Ave

SD1 (A Frame)
SMITHSONIAN
METRO STATION
at 12th St &
Independence Ave

SD1 (A Frame)
RUNNER
DROP OFF
at 12th St &
Jefferson Dr

SD1 (A Frame)
L'ENFANT
STATION
at 7th St & D St



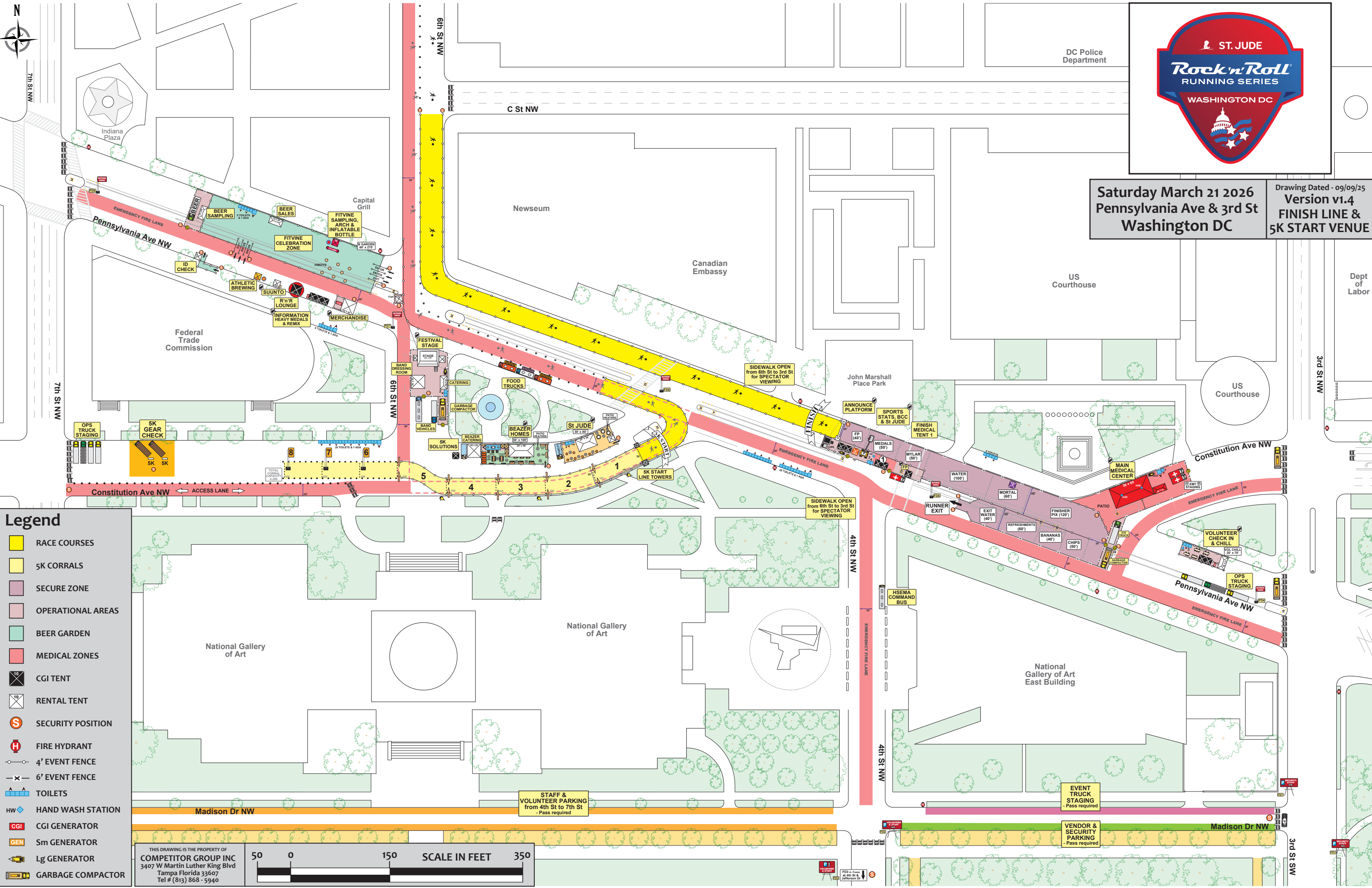
THIS DRAWING IS THE PROPERTY OF
COMPETITOR GROUP INC
3407 W Martin Luther King Blvd
Tampa Florida 33607
Tel # (813) 868 - 5940



Saturday March 21 2026
Pennsylvania Ave & 3rd St
Washington DC

Drawing Dated - 09/09/25
Version v1.4
FINISH LINE & 5K START VENUE

- Legend**
- RACE COURSES
 - 5K CORRALS
 - SECURE ZONE
 - OPERATIONAL AREAS
 - BEER GARDEN
 - MEDICAL ZONES
 - CGI TENT
 - RENTAL TENT
 - SECURITY POSITION
 - FIRE HYDRANT
 - 4' EVENT FENCE
 - 6' EVENT FENCE
 - TOILETS
 - HAND WASH STATION
 - CGI GENERATOR
 - 5m GENERATOR
 - Lg GENERATOR
 - GARBAGE COMPACTOR



THIS DRAWING IS THE PROPERTY OF
COMPETITOR GROUP INC
3407 W Martin Luther King Blvd
Tampa Florida 33607
Tel # (813) 868 - 5940

50 0 150 350
SCALE IN FEET

Rock 'n' Roll DC Finish Venue Closures - Friday, March 20th - Saturday, March 21, 2026

STREET CLOSED	COURSE(S)	SIDE OF ROAD	CLOSED FROM	CLOSED TO	TIME CLOSED	TIME OPEN
Pennsylvania Ave NW	Finish Venue	Whole Road	7th Street NW	3rd Street NW	6:00 PM	(Sat) 5:00 PM
6th Street NW	Finish Venue	Whole Road	Pennsylvania Ave NW	Constitution Ave NW	6:00 PM	(Sat) 8:00 PM
Constitution Ave NW	Finish Venue	Whole Road	7th Street NW	Pennsylvania Ave NW	6:00 PM	(Sat) 8:00 PM
Constitution Ave NW	Finish Venue	Whole Road	3rd Street NW	Pennsylvania Ave NW	6:00 PM	(Sat) 8:00 PM
Madison Drive NW	Finish Venue	Whole Road	3rd Street NW	4th Street NW	6:00 PM	(Sat) 8:00 PM

Road closures and times are subject to change

Rock 'n' Roll DC Road Closures - Saturday, March 21, 2026

STREET CLOSED	COURSE(S)	SIDE OF ROAD	CLOSED FROM	CLOSED TO	TIME CLOSED	TIME OPEN
Madison Drive NW	Finish/Start Venue	Whole Road	3rd Street NW	14th Street NW	12:00 AM	6:00 PM
Constitution Ave NW	Half Marathon	Whole Road	15th Street NW	9th Street NW	3:00 AM	12:00 PM
10th Street NW	Half Marathon	Whole Road	Pennsylvania Ave NW	Constitution Ave NW	3:00 AM	12:00 PM

15th/14th/12th Streets NW will be shut down to north/south vehicular traffic from 5:30am to 12:00pm

Constitution Ave NW	Half Marathon	Whole Road	15th Street NW	23rd Street NW	7:00 AM	10:00 AM
Virginia Ave NW	Half Marathon	Whole Road	Constitution Ave NW	21st Street NW	7:00 AM	10:00 AM
18th Street NW	Half Marathon	Whole Road	Virginia Ave NW	E Street NW	7:00 AM	10:00 AM
E Street NW	Half Marathon	Eastbound	18th Street NW	19th Street NW	7:00 AM	10:00 AM
19th Street NW	Half Marathon	Whole Road	E Street NW	Constitution Ave NW	7:00 AM	10:00 AM
23rd Street NW	Half Marathon	Whole Road	Constitution Ave NW	Lincoln Memorial Circle	7:00 AM	10:00 AM
Lincoln Memorial Circle	Half Marathon	Whole Road	23rd Street NW	Potomac Parkway	7:00 AM	10:00 AM
Arlington Memorial Bridge	Half Marathon	Whole Road	Lincoln Memorial Circle	Arlington Memorial Circle	7:00 AM	10:00 AM
Ohio Drive NW	Half Marathon	Whole Road	23rd Street NW	Rock Creek Parkway	7:00 AM	10:30 AM
Rock Creek Parkway	Half Marathon	Whole Road	Ohio Drive NW	Shoreham Drive NW	7:00 AM	11:30 AM
27th Street NW	Half Marathon	Whole Road	Potomac Freeway	Virginia Ave NW	7:00 AM	11:00 AM
Virginia Ave NW	Half Marathon	Whole Road	27th Street NW	Rock Creek Parkway	7:00 AM	11:00 AM
Potomac Freeway	Half Marathon	Whole Road	Rock Creek Parkway NW	27th Street NW	7:00 AM	11:15 AM
Shoreham Drive NW	Half Marathon	Whole Road	Rock Creek Parkway NW	Calvert Street NW	7:00 AM	11:30 AM
Calvert St NW	Half Marathon	Whole Road	Shoreham Drive NW	Adams Mill Road NW	7:30 AM	12:00 PM
Adams Mill Road NW	Half Marathon	Whole Road	Calvert St NW	Columbia Rd NW	7:30 AM	12:00 PM
Columbia Road NW	Half Marathon	Whole Road	Adams Mill Road NW	Harvard Street NW	7:30 AM	12:00 PM
Harvard Street NW	Half Marathon	Whole Road	Columbia Road NW	5th Street NW	7:30 AM	12:30 PM
5th Street NW / 4th Street NW	Half Marathon	Whole Road	Harvard Street NW	W Street NW	7:30 AM	12:30 PM
Bryant Street NW	Half Marathon	Whole Road	4th Street NW	North Capitol Street NW	7:30 AM	12:45 PM
North Capitol Street NW	Half Marathon/5k	Southbound	Bryant Street NW	K Street NW	7:30 AM	1:15 PM
North Capitol Street NW	5k	Northbound	M Street NE	K Street NE	6:30 AM	9:30 AM
K Street NW	Half Marathon/5k	Whole Road	North Capitol Street NW	4th Street NW	6:30 AM	1:15 PM
4th Street NW	Half Marathon/5k	Whole Road	K Street NW	E Street NW	6:30 AM	1:30 PM
E Street NW	Half Marathon/5k	Whole Road	4th Street NW	6th Street NW	6:30 AM	1:30 PM
6th Street NW	Half Marathon/5k	Whole Road	E Street NW	Pennsylvania Ave NW	6:30 AM	1:30 PM

Road closures and times are subject to change



Saturday, March 21, 2026

HALF MARATHON- TURN BY TURN

Half Marathon Turns:

Start on Constitution Ave NW just east of 14th Street NW
Right on Virginia Ave NW
Right on 18th Street NW
Left on E Street NW (eastbound lanes)
Left on 19th Street NW
Right on Constitution Ave NW
Left on 23rd Street NW (stay in northbound lanes)
Enter Lincoln Memorial Circle
Cross Arlington Memorial Bridge (westbound)
Enter Memorial Circle, full counterclockwise rotation, exit Circle
Cross Arlington Memorial Bridge (eastbound)
Exit Arlington Memorial Bridge to Ohio Drive SW
Turn right onto first exit ramp down to Ohio Drive SW
Follow Ohio Drive to Rock Creek Parkway
Follow Rock Creek Parkway north past Kennedy Center
Merge right just before Virginia Ave onto I St NW
Cross over Virginia Ave NW and exit toward Continue 66/Potomac River Freeway
Continue south on 66/Potomac River Freeway
Make horseshoe turn and head back north 66/Potomac River Freeway
Exit Potomac Freeway to 27th Street NW
Exit left onto 27th St NW
Follow 27th St southbound to Virginia Ave NW
Right onto Virginia Ave NW
Right onto Rock Creek Pkwy
Continue north on Rock Creek Pkwy
Merge Left on Shoreham Drive NW
Right on Calvert Street NW
Merge Right on Adams Mill Rd
Left on Columbia Rd NW
Right on Harvard Street NW
Right on 5th Street NW
Merge onto 4th Street NW
Left on Bryant Street NW
Right on N. Capitol Street NW
Right on K Street NW
Left on 4th Street NW
Right on E Street NW
Left on 6th Street NW
Left on Pennsylvania Ave NW

Half Marathon Finish (Pennsylvania Ave at 4th Street NW)



5K- TURN BY TURN

Start on Constitution Ave NW near Pennsylvania Ave NW

Turn Left intermediately onto Pennsylvania Ave NW

Proceed west on Pennsylvania Ave NW

Right on 6th Street NW

Right on E Street NW

Left on 4th Street NW

Right on K Street NW

Left on N. Capitol St NW (stay in southbound lanes)

Turnaround at N. Capitol St NW and M Street NW

Proceed south on N. Capitol Street NW (in northbound lanes)

Right on K Street NW

Left on 4th Street NW

Right on E Street NW

Left on 6th Street NW

Left on Pennsylvania Ave NW

5k Finish (Pennsylvania Ave at 4th Street NW)